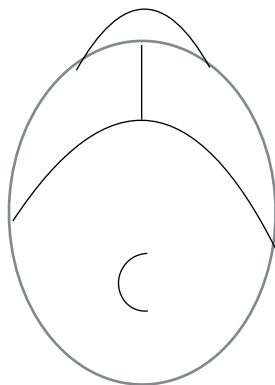
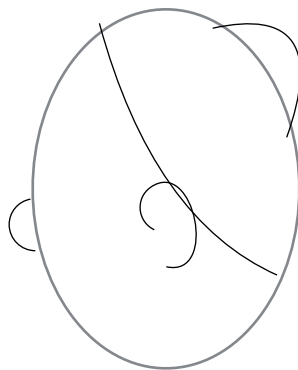


## The Proper Ballet Bun

Supplies: Hair net, bobby pins (20),  
2 ponytail holders



Placement of the proper ballet bun is at the crown of the head in back, on a diagonal from the top of the ears.



- 1) Begin by making a ponytail at the crown of the head, brushing as much of the hair back into the ponytail as possible. Make certain your ponytail holder is strong, or use two to secure it until it doesn't loosen when the child vigorously shakes her head 'no'.
- 2) Begin twisting the ponytail clockwise until the twisted hair buckles up against the head. Press to flatten and secure with bobby pins as you work the hair around in a spiral from the center ponytail to the outside edge of the bun. There should at least be one bobby pin for the top bottom and two sides of the bun.
- 3) The proper way to insert a pin is to insert it directly in toward the head, with the bent end grabbing the outside hairs of the bun. When it reaches the scalp, turn it flat and slide it along the scalp and under the ponytail holder in the center of the bun.
- 4) After hair is somewhat secure, unwrap a hair net and open it. Tuck it over the top of the bun, pull the excess below, twist at the bottom and repeat pulling it over the bun and twisting until there is no more excess.
- 5) Beginning at 2 o'clock and working around, insert more bobby pins until the bun doesn't move when the head is vigorously shaken. Bobby pins should have enough hair from the outside of the bun that they are holding it securely to the head. Too much hair will bend the pin.
- 6) Brush back stray hairs from face and pin them close to the scalp. Hair gel, hairspray, or water are used before this step to control the stray hairs.